# SCOIL SHÉAMAIS NAOFA,

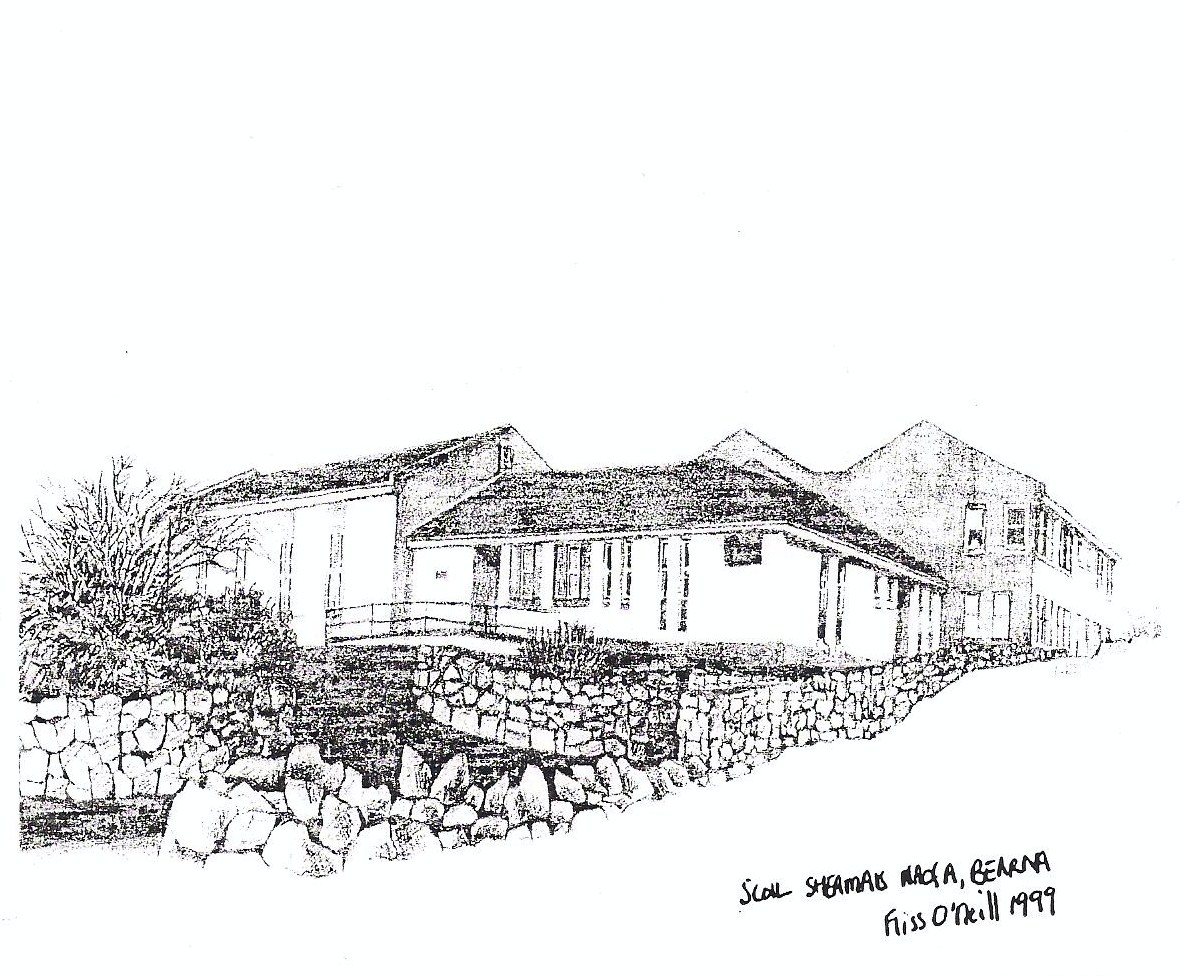
**BEARNA,**

**CO. NA GAILLIMHE**

**091-592575**

**Uimh. Rolla 19803T**

**Healthy-Eating Policy**

The school has a healthy lunch policy – sandwiches, milk and fruit drinks are acceptable, as are yogurt, crackers and rice cakes. Items such as crisps, cans, sweets, biscuits and chocolate items should be kept for outside school hours. The healthy lunch policy is enforced for the general health of the pupils as a high intake of sugar can affect a child’s general behaviour and attention span. Parents are requested to support the school in the carrying through of this policy.